



REGISTER TODAY!

INTRODUCTION TO LOG ROLLING

Grades K-5th

All classes will meet at the D.C. Everest Senior High Pool

April 9, 16, 23, 30, May 7, 6:30-7:30pm

Fee: \$40/participant

Log rolling is a unique and fun sport involving two competitors and a body of water. Each athlete is on one end of a free-floating log, battling to stay on using a variety of techniques in an attempt to cause their opponent to fall off. It is a sport that improves balance, core stability, coordination and endurance. This class will introduce you to the fundamentals of log rolling along with the opportunity to log roll with other beginners in the safety of our indoor pool. Class will be taught by certified instructors from Central Wisconsin Log Rolling. A maximum of 6 participants will be accepted. Register now to experience this fast-paced and active sport!

Mail or drop off registration form and fee of \$40.00 to the Greenheck Field House at 6400 Alderson Street, Weston, WI 54476. Online registration available at www.greenheckfieldhouse.com.

For more information, contact the Greenheck Field House Office at (715) 359-6563.

DEADLINE TO REGISTER IS FRIDAY, APRIL 5, 2019

The D.C. Everest School District does not discriminate on the basis of race, color, religion, national origin, ancestry, creed, pregnancy, marital status, parental status, sexual orientation, sex, (including transgender status, change of sex or gender identity), or physical, mental, emotional, or learning disability ("Protected Classes") in any of its student programs and activities. The following D.C. Everest staff are designated to receive inquiries regarding the non-discrimination policies: Kimberly Hall, Director of Human Resources, (715) 359-4221, ext. 1225, khall@dce.k12.wi.us or Jack Stoskopf, Assistant Superintendent, (715) 359-4221, ext. 1243, jstoskopf@dce.k12.wi.us. You may also mail your concerns to 6300 Alderson Street, Weston, WI 54476.

SPRING 2019

Course #2215

INTRODUCTION TO LOG ROLLING

GRADES K-5TH

WAIVER OF LIABILITY AND PROOF OF INSURANCE: I understand that the D.C. Everest Area School District, including Central Wisconsin Log Rolling staff & assistants, will not be held liable for any injury that may occur to my child during the introduction to log rolling class. I agree to provide health and accident insurance for my child and will take care of any injury under my own policy.

NAME _____ GRADE _____ DOB _____

SCHOOL _____ ADDRESS _____ CITY _____

ZIP _____ MOM'S CELL _____ DAD'S CELL _____

EMAIL ADDRESS _____

PARENT/GUARDIAN SIGNATURE _____ DATE _____