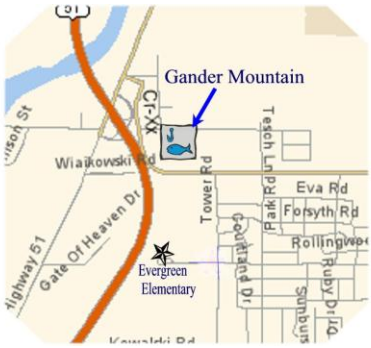
- Rock-n-Run 5K & 1 Mile Fun Run/Walk –

April 28, 2012

An Evergreen Elementary School PTO Event promoting community physical fitness and benefiting the students of Evergreen Elementary School: **TO REGISTER ONLINE Follow the LINKS at www.dce.k12.wi.us/evergreen**

When: Saturday, April 28, 2012
8:00 am Registration/packet pick-up
9:00 am 1 Mile Fun Run/Walk
9:30 am 5K (3.1 mile) Road Race
10:30 pm Awards Ceremony



Where: Evergreen Elementary School
1610 Pine Rd, Rothschild, WI 54455 (In Kronenwetter)

Course: flat, mostly tree-lined roads, and fast!
Refreshments: Food and refreshments provided post-race. Water available on 5K race course.

Registration fees
- 5K (postmarked by April 10) - $20
- 5K Late/Race day - $22.
- 1 Mile Fun Run/Walk – FREE to EVERYONE ($10 for shirt)

T-shirt guaranteed to all registrations postmarked by April 10.
(T-shirts while supplies last to late and race day entrants).

T-shirts available to *1 mi fun run/walk* entrants for $10: (sz. 6-8), (sz. 10-12), (sz. 14-16), Adult S, M, L, XL, 2X

Drawings for door prizes will follow the race

Awards for 1-Mile Fun Run:
- All participants get a ribbon
- Top boy and girl <13 get a medal

Awards for 5K Road Race
Trophies: 1st Place Overall Male & Female

Men's Medals: 13 & Under (3), 14-19 (3), 20-29 (3), 30-39 (3), 40-49 (3), 50-59 (3), 60-69 (3), 70+ (3)
Women's Medals: 13 & Under (3), 14-19 (3), 20-29 (3), 30-39 (3), 40-49 (3), 50-59 (3), 60-69 (3), 70+ (3)

Race Director:
Rick Koepke (715) 359-6591 or
e-mail rkoepke@dce.k12.wi.us

Rock-n-Run 5K & 1 Mile Fun Run/Walk Registration Form

Detach and Mail Registration Form

Please make checks payable to: "Evergreen PTO, R-n-R 5k
Mail to: R-N-R 5K. 1610 Pine Rd.. Rothschild. WI 54474

Last Name _____ **First Name** _____ **MI** _____

5KW	5KR	1 Mi
(Check ONE)		

Street (include Apt. No.) _____

City _____ **State** _____ **Zip Code** _____

Area Code and Phone Number _____ **Age-Race Day** _____ **Sex** M F

Circle Size
T-Shirt Size
(6-8), (10-12), (14-16), Adult S, M, L, XL, 2X
Remember to include $20 for 5K
$10 for 1-Mile Fun Run

I know that running or otherwise participating in a road race or club event is a potentially hazardous activity which could cause injury or death. I understand that I should not enter or participate in these events unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with participating in these events, including but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, and animals are not allowed in this event and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my registration, I, for myself and anyone entitled to act on my behalf, waive and release the EVERGREEN PTO, EVERGREEN ELEMENTARY, the D.C.-EVEREST SCHOOL DISTRICT and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of these events for any legitimate purpose.

Signature _____ Date _____

Parent/Guardian (if entrant under 18 years)_____

Race Held rain or Shine - No Refunds, Exchanges, or Transfers